

12th IAAF World Championships in Athletics • Biographical Entry List (may include reserves)

Men's 10,000 Metres

31 Entrants



Start date: Monday, August 17

			Age	(Days)	Born	Season's Best	Personal Best
132	BIRMINGHAM Collis	AUS	24y	232d	1984	27:29.73	27:29.73 -09
2009 Australian Champion at 5000m ... Oceanian record holder at 10,000m 5000 pb: 13:14.53 -09. 3000 pb: 7:46.01 -07. Mile pb: 3:54.30 -09. 1500 pb: 3:37.01 -08. ht OLY 5000 2008. 1 Australian 5000 2009; 1 Scottish 1500 2007/2008/2009. At WXC: 2003-84J, 2007-67, 2008-73, 2009-29. Coach-Nic Bideau In 2009: 1 Hobart 5000; 3 Australian World Championship trial XC; 1 Australian 5000; 29 WXC; 5 Carlsbad 5K; 2 Berkeley 10,000; 5 Gothenburg 5000; 1 Scottish 1500; 13 Oslo Golden League 5000; 4 London Mile							
143	McNEILL David	AUS	22y	315d	1986		28:03.02 -08
Second in 2009 US Collegiate 5000m, representing Northern Arizona University 1500 pb: 3:42.78 -09. 5000 pb: 13:30.63 -09. At WXC: 2007-64, 2008-68. 2 NCAA 5000 2009 In 2009: 8 Mt. SAC Relays 5000; 5 Tempe; 1 "Big Sky" Conference 1500/5000; 2 Eugene 5000; 2 NCAA 5000; 1 Cork 3000; 12 London 5000; 1 London "Wedding Day" 7K							
344	MEDHIN Teklemariam	ERI	20y	54d	1989	28:20.92	27:46.50 -08
Full name-Teklemariam Medhin Weldeslasie ... ninth at 2009 World Cross Country Championships 10,000 pb: 27:46.50 -08 (28:20.92 -09). 12 WJC 5000 2006; 32 OLY 10,000 2008. 3 French 10,000 2008. At WXC: 2006-13J, 2007-14J, 2008-23, 2009-9 In 2009: 1 Fuensalida XC; 1 San Sebastián XC; 9 WXC; 3 Huelva 5000; 8 Lille 10,000							
346	TADESE Kidane	ERI	21y	350d	1987		27:06.16 -08
Full name-Kidane Tadese Habtesilase Younger brother of Zersenay Tadese 5000 pb: 13:13.17 -08 (13:21.60 -09). 10 OLY 5000 2008 (12 10,000). At WXC: 2005-16J, 2006-11J, 2007-86, 2008-26, 2009-56 In 2009: 56 WXC; 5 Huelva 5000							
347	TADESE Zersenay	ERI	27y	190d	1982		26:37.25 -06
Tadese pronounced with three syllables: "Ta-de-see" Twice World Half Marathon Champion, former World Cross Country Champion 5000 pb: 12:59.27 -06 (13:07.02 -09). 6 African Champs 10,000 2002; 8 WCH 5000 2003 (2005-14); 3 OLY 10,000 2004 (7 5000); 1 Great North Run 2005; 1 World 20K 2006; 4 WCH 10,000 2007 (2005-6); 1 World Half Mar 2007/2008 (2003-7, 2002-21); 5 OLY 10,000 2008; dnf Lonodn 2009 (marathon debut). At WXC: 2002-30 long, 2003-9 long, 2004-6 long, 2005-2 long, 2006-4 long, 2007-1, 2008/2009-3. Two sisters & 4 brothers including younger brothers Kidane and Merhawi who both competed in the World Cross Country Championships in 2009 ... divides his time between Madrid & Eritrea ... his first sport was cycling ... married Merhawit Solomon in Asmara on November 16, 2008, wedding had 2500 guests and was televised live on Eritrean TV ... coach-Jeronimo Bravo Did not finish his first marathon attempt at London 2009 In 2009: 3 WXC (his brother Kidane was 56th, their younger brother Merhawi was 21st in the junior race); dnf London Marathon; 1 Málaga 5000							
358	CASTILLEJO Carles	ESP	30y	364d	1978	27:48.80	27:39.79 -08
5000 pb: 13:11.50 -09. 3000 pb: 7:42.02 -04. 2 ECP 3000 2003; 4 WSG 5000 2003; ht OLY 5000 2004; 6 WSG 10,000 2005; 2 ECP 5000/10,000 2008; 23 OLY 10,000 2008; 1 ETCh 5000 2009. 1 Spanish 5000 2004 & 10,000 2009. At WXC: 2004-57 long, 2005-26 long, 2006-26 long, 2007-68, 2008-64, 2009-26. At EXC: 2006-10, 2007-14, 2008-34. Coach-Juan Ramón Muñoz In 2009: 2 Spanish XC; 26 WXC; 7 Catalan 1500; 4 Huelva 5000; 1 Ciudad Real 3000; 2 ETCh 5000; 1 Spanish 10,000 (3 5000)							
368	LAMDASSEM Ayad	ESP	27y	310d	1981	27:52.04	27:45.58 -08
Ex-Morocco, transferred to Spain in 2007 ... fourth in 2008 European Cross Country Championships Half Mar pb: 61:29 -04. 5000 pb: 13:17.49 -06; 24 OLY 10,000 2008. At WXC: 2000-114J (for Morocco), 2008-36 (for Spain), 2009-30. At EXC: 2008-4. 1 Spanish 10,000 & XC 2007. Coach-Antonio Cánovas In 2009: 3 Spanish XC; 30 WXC; 8 Rabat 5000; 6 Huelva 5000; 1 Ciudad Real 5000; 8 Málaga 5000; 2 Spanish 10,000							
380	PENAS Manuel Ángel	ESP	31y	281d	1977	27:58.76	27:58.76 -09
5000 pb: 13:22.83 -04. 3000 pb: 7:44.70 -04. 6 Ibero-American 1500 2000. At WXC: 2009-67. Coach-Pepe Tuimil In 2009: 6 Spanish XC; 67 WXC; 5 European Cup 10,000; 3 Spanish 10,000; 8 Barcelona 5000							
402	BEKELE Kenenisa	ETH	27y	65d	1982		26:17.53 -05
DEFENDING IAAF WORLD CHAMPION at 10,000m Olympic Champion & World record holder at 5000m & 10,000m ... never beaten in 11 10,000m races ... winner of 16 gold medals at the World Cross Country Championships 5000 pb: 12:37.35 -04 (12:56.23 -09). 1500 pb: 3:32.35 -07. 3000 pb: 7:25.79 -07. 2 World Youth 3000 1999; 2 WJC 5000 2000; 1 WCH 10,000 2003/2005/2007 (3 5000 2003); 1 OLY 10,000 2004 (2 5000); 1 WIC 3000 2006; 1 African Champs 5000 2006; 2 WCP 3000 2006; 1 OLY 5000/10,000 2008 (he ran the last mile of the 5000m in 3:58.7). At WXC: 99-9J, 2001-2 short, 1J, 2002/2003/2004/2005/2006-1 short/1 long, 2007-dnf, 2008-1. Married actress and model Danawit Gebregziabher in Addis Ababa in November 17, 2007 ... suffered a stress fracture during an attempt to break a world record at 15Km in Nimegen on November 16, 2008 ... full name-Kenenisa Bekele Beyecha In 2009: dnf Hengelo 1500 (pain in right thigh); 1 Berlin Golden League 5000; 1 Oslo Golden League 5000; 1 Rome Golden League 5000 (Therefore unbeaten in 14 5000m finals since losing to Bernard Lagat in London on July 28, 2006); 1 Paris Golden League 3000 (eighth successive win at 3000)							
404	DINKESA Abebe	ETH	25y	163d	1984	27:17.49	26:30.74 -05
Full name-Abebe Dinkesa Negera Improved at 10,000m by 53 seconds in 2005 but has not improved since then though good results at Half Marathon 5000 pb: 12:55.58 -05. Half Mar pb: 63:03 -08. 2 African Champs 10,000 2004 (2006-3); 7 WCH 10,000 2005; 5 World Half Mar 2005 (2004-10, 2008-7). 1 Great Ethiopian Run 2004. At WXC: 2002-9J, 2005-4 long, 2006-39 short & 71 long, 2007-dnf, 2008-41 In 2009: 1 Edinburgh XC; dnf Ethiopian XC; 19 "World's Best" San Juan 10K; 3 Ethiopian 10,000; 7 Hengelo 5000; 3 Utrecht 10,000; 3 Lille 10,000							
407	GEBREMARIAM Gebre-egziabher	ETH	24y	340d	1984		26:52.33 -07
2009 World Cross Country Champion ... 2008 African Champion and 27:20.65 for 10,000m in 2008, but that ranked him only eighth among Ethiopians 5000 pb: 12:52.80 -05. 1 WJC 10,000 2002 (3 5000); 6 WCH 5000 2003; 2 African Games 10,000 2003 (2007-3); 2 Afro-Asian Games 10,000 2003; 4 OLY 5000 2004; 6 WCH 10,000 2007 (2005-15); 1 African Champs 10,000 2008. 1 Great Ethiopian Run 2002. At WXC: 2002-1J, 2003-3 long, 2004-2 long & 2 short, 2005-dnf long & 9 short, 2006-30 short & 13 long, 2008-17, 2009-1. Married international runner Worknesh Kidane in Addis Ababa on February 4, 2006, their son Natnael born May 2, 2006 and a second son Mussie born August 2, 2007 In 2009: 1 Ethiopian XC; 1 WXC							
415	MERGA Imane	ETH	20y	305d	1988	27:33.87	27:33.53 -08
5000 pb: 12:59.75 -09. 3 African junior 10,000 2007. 1 French 10,000 2008 In 2009: 2 Ethiopian 10,000; 4 New York 5000; 3 Milan 5000; 1 Lille 10,000; 6 Rome Golden League 5000							
611	SINGH Surendra	IND	30y	320d	1978		28:02.89 -08
Indian record holder at 10,000m ... 5000 pb: 13:40.45 -09. 6 Asian Games 5000/10,000 2006; 5 Asian Champs 5000/10,000 2007; 2 Asian Indoor Champs 3000 2008; 1 South Asian 5000 2008; 26 OLY 10,000 2008. 1 UK 10,000 2008 In 2009: 1 Kochi 3000; 1 Coimbatore 5000; 1 Suzhou 3000; 1 Kunshan 5000; 1 Hong Kong 3000; 1 Jamshedpur 3000; 1 Ranchi 3000							

618	FAGAN Martin IRL	26y	52d	1983	27:58.48	27:58.48 -09
Twice Irish Champion at 5000m, seventh in 2007 European Cross Country Championships Mar pb: 2:14:06 -08. Half Mar pb: 60:57 -09. 5000 pb: 13:39.62 -06. 4 under-23 ECH 10,000 (5 5000) 2005. 1 Irish 5000 2005/2007 & 10,000 2008. 2 NCAA 10,000 2006. At WXC: 2000-121J, 2001-76J. At EXC: 2001-31J, 2007-7, 2008-24. Based-Flagstaff (Arizona), coach-Greg McMullen Marathons (2): 13 Dubai 2008; dnf OLY 2008 (was coming back after stress fracture to pelvis) In 2009: 1 Austin Half Mar; 5 The Hague Half Mar; 3 Dublin 10K; 8 Berkeley 10,000; 8 New York 10K; 6 Peoria "Steamboat Classic" 4M						
690	IWAI Yuki JPN	26y	230d	1982	27:58.03	27:58.03 -09
5000 pb: 13:46.14 -08 (13:53.95 -09) In 2009: 5 Hiratsuka 5000; 6 Stanford 10,000; 3 Nobeoka 5000; 4 Fukagawa 10,000; 3 Japanese 10,000						
730	KIPYEGO Bernard KEN	23y	32d	1986	27:44.80	26:59.51 -07
Full name-Bernard Kipyego Kiprop Third in 2007 World Cross Country Championships at age 20 5000 pb: 13:09.96 -05. Half Mar pb: 59:34 -09. 3 African junior 10,000 2003; 3 Brussels 10,000 2008 (2007-4). At WXC: 2005-2J, 2007-3, 2008-10. Second of 10 children In 2009: 5 Kenyan Police XC; 1 Berlin Half Mar; 2 Heillecourt 8.8K; 2 Edinburgh 10K; 3 Bangalore 10K; 3 Kenyan 10,000						
734	KOGO Micah KEN	23y	75d	1986	26:35.63	26:35.63 -06
World record holder for road 10K, set in the Brunsum "Parelloop" 10K on March 29, 2009 ... 2008 Olympic bronze at 10,000m 5000 pb: 13:00.77 -06 (13:01.30 -09). 10K pb: 27:01 -09. 3000 pb: 7:38.67 -07. 3 OLY 10,000 2008. 1 AAA road 10K 2005; 1 Brussels 10,000 2006 (2007-3) In 2009: 1 Le Mans XC; 2 San Sebastián XC; 1 Brunsum "Parelloop" 10K (world road record 27:01); 1 Edinburgh 10K; 1 New York 5000; 3 Berlin Golden League 5000						
735	MASAI Moses KEN	23y	77d	1986	27:44.88	26:49.20 -07
Full name-Moses Ndiema Masai He was fourth in the Beijing Olympic 10,000m, his sister was fourth in the women's 10,000m at the same Games 5000 pb: 12:50.55 -08. 10 WJC 10,000 2004; 1 African junior 5000/10,000 2005; 4 OLY 10,000 2008 (missed bronze by 0.004). 2 Brussels 10,000 2007, where he closed up dramatically on Kenenisa Bekele. At WXC: 2004-16J, 2005-7J, 2008-5. 1 Kenyan junior 10,000 2004. Partner-Doris Changeywo, the 2007 World Military Games 10,000m Champion ... great record in Brussels 10,000: 7th-5th-2nd-2nd in 2004-06-07-08 In 2009: 7 Eugene 3000; 4 Kenyan 10,000						
820	BARRIOS Juan Luis MEX	26y	54d	1983	27:40.10	27:40.10 -09
Seventh & top non-African in 2008 Olympic 5000m ... double silver at 2007 Pan-American Games Half Mar pb: 61:48 -08 (64:44 -09). 5000 pb: 13:11.37 -07 (13:16.65 -09). 3000 pb: 7:37.64 -06. 1500 pb: 3:37.71 -07. 8 WJC 1500 2002; 1 Central American & Caribbean Champs 1500 2003 & 5000 2005; 1 Central American & Caribbean Games 1500/5000 2006; 2 Pan-Am Games 1500/5000 2007; 14 WCH 5000 2007; 7 OLY 5000 2008. 5 Great North Run 2008. 1 Mexican 1500 2002/2004/2005 (1 800 2004). At WXC: 2001-47J, 2002-22J, 2005-57 short, 2006-62 short ... soldier in Mexican Army ... coach-Rafael Martinez In 2009: 8 Boca del Rio Half Mar; 27 "World's Best" San Juan 10K; 2 Mexico City 800; 1 Mt. SAC Relays 5000; 5 Berkeley 10,000; 9 Stanford 1500; 9 Kortrijk 1500; 4 Liège 3000; 13 Heusden 5000						
825	ROMERO Juan Carlos MEX	31y	245d	1977	29:11.63	27:47.46 -08
Full name-Juan Carlos Romero Bernal ... 5000 pb: 13:34.84 -09. Mar pb: 2:18:49 -08. 2 Central American & Caribbean 5000/10,000 2005; 52 World 20K 2006; 10 Torreón Marathon 2008 (2007-14); 29 OLY 10,000 2008. 1 Mexican 10,000 2005/2009 In 2009: 12 Mt. SAC Relays 5000; 20 Berkeley 10,000; 16 Stanford 5000; 20 Boulder 10K; 8 Victoria 1500; 1 Richmond 5000; 1 Mexican 10,000						
941	SILVA Rui Pedro POR	28y	103d	1981	28:01.63	28:01.63 -09
Fifth at 2006 European Cross Country Championships ... Half Mar pb: 63:33 -08. 5000 pb: 13:44.23 -05 (14:03.16 -09). 34 OLY 10,000 2008; 5 ETCh 5000 2009. 1 Portuguese 5000 2005/2009 & 10,000 2008. At WXC: 2000-112J, 2003-76 short, 2004-66 short, 2005-71 short, 2007-dnf. At EXC: 98-74J, 2000-4J, 2005-44, 2006-5, 2007-34. Coach-João Campos In 2009: 1 Portuguese XC; dnf WXC; 1 Dublin 10K; 2 Cartaxo 10K; 4 Edinburgh 10K; 5 Régua Half Mar; 2 European Cup 10,000 (pb 28:01.63); 5 ETCh 5000; 4 Porto 15K; 1 Portuguese 5000						
950	ABDULLAH Ahmad Hassan QAT	28y	19d	1981	26:38.76	26:38.76 -03
TRANSFEREE - formerly Albert Chepkurui KEN, now officially a citizen of Qatar having been issued with a Qatari passport on August 9, 2003 ... third in 2004 & 2008 World Half Marathon and 2005 World Cross Country long race 5000 pb: 12:56.27 -03 (13:15.20 -09). 3000 pb: 7:43.01 -00. 3 Goodwill Games 10,000 2001; 4 WCH 10,000 2003 (2007-dnf); 1 Asian Champs 10,000 2003/2007 (2 5000 2007); 3 World Half Mar 2004/2008 (2007-24); 1 Asian XC 2007; 8 OLY 10,000 2008. 1 Brussels 10,000 2004. At WXC: 99-5J, 2001-6 short, 2002-6 long, 2004-4 short, 2005-8 short & 3 long, 2007-12, 2008-8, 2009-18. Born-Keiyo In 2009: 1 Asian XC; 18 WXC; 3 Tangiers 5000; 6 Heusden 5000; 6 London 5000						
956	KEMBOI Nicholas QAT	25y	265d	1983	27:41.99	26:30.03 -03
TRANSFEREE - Formerly: KEN (has retained original name) ... Mar pb: 60:31 -03. 5000 pb: 13:01.14 -03 (13:33.68 -09). 3000 pb: 7:50.99 -05. 40 World Half Mar 2005; dnf World 20K 2006. At WXC: 2001-4J, 2002-7J, 2006-62 long. Improved at 10,000m by 1:50 to finish close behind Haile Gebrselassie in Brussels 2003 ... born-Kericho In 2009: 6 Utrecht 10,000; 11 Milan 5000						
1013	RYBAKOV Anatoliy RUS	24y	171d	1985	28:19.39	28:06.54 -08
2005 European under-23 Champion at 5000m in 2005 & 10,000m in 2007 ... twice European Junior Cross Country silver medallist, close behind his twin 10,000 pb: 28:06.54 -08. 5000 pb: 13:53.43 -06. Mar pb: 2:17:43 -08.1 EUC 5000 2003; 1 under-23 ECH 5000 2005 & 10,000 2007; 23 World Half Mar 2008 (2007-47). At WXC: 2003-35J, 2004-38J. At EXC: 2002/2003-2J, 2004-3J, 2005-42, 2006-5u23, 2007-9u23. 1 Russian Half Mar 2008. Twin brother of runner Yevgeniy Rybakov, Yevgeniy is the elder by 90 seconds Marathon (1): 17 Rome 2008 In 2009: 4 Russian indoor 5000; 2 Russian XC; 9 European Cup 10,000; 2 Russian 10,000						
1091	MARWA Dickson TAN	27y	161d	1982	27:38.58	27:38.58 -07
Full name-Dickson Marwa Mkami ... Mar pb: 2:13:23 -09. Half Mar pb: 59:52 -08. 5000 pb: 13:25.18 -07. 3000 pb: 7:42.94 -07. 6 COM 10,000 2006 (8 5000); 12 World 20K 2006; 4 African Games 10,000 2007 (13 5000); 16 WCH 10,000 2007; 8 World Half Mar 2007 (2008-19). At WXC: 2007-66 Marathons (6): 13 Frankfurt 2003, 27 Paris 2004, 3 Gold Coast 2004, 11 Zurich 2005, 1 Brisbane 2005, 13 Rotterdam 2009 In 2009: 13 Ras Al Khaimah Half Mar; 9 Moshi Half Mar; 13 Rotterdam; 3 Dar Es Salaam Half Mar; 1 Gold Coast Half Mar						
1092	JOSEPH Fabiano TAN	23y	236d	1985	-	27:19.72 -08
Full name-Fabiano Jospheh Naasi 2005 World Half Marathon Champion at age 19 ... carried Tanzanian flag at Opening Ceremony of 2008 Olympics Half Mar pb: 59:56 -08. 5000 pb: 13:12.76 -06. Mar pb: 2:13:24 -06. 13 WCH 10,000 2003; 2 WJC 10,000 2004 (6 5000); 10 OLY 10,000 2004 (ht 5000); dnf Seoul 2005; 1 World Half Mar 2005 (2003/2004-2, 2007-11); 15 WCH 5000 2005; 3 COM 10,000 2006 (5 5000). 10 Amsterdam 2006; 9 OLY 10,000 2008. 1 AAA 10,000 2003. At WXC: 2003-19 long, 2004-7 long. Has paced marathons in Dubai, Fukuoka & London In 2009: Returning from a stress fracture						
1093	JAFARI Ezekiel TAN	24y	today	1985	27:39.92	27:39.92 -09
Full name-Ezekiel Jafari Ngimba ... 5000 pb: 13:24.39 -09. Half Mar pb: 61:28 -07. 19 World Half Mar 2007 In 2009: 7 European Clubs XC; 1 Lake Maggiore Half Mar; 12 Prague Half Mar; 1 European Clubs Cup 5000; 2 Prague 5000 (3 1500); 8 Huelva 5000; 5 Utrecht 10,000						
1137	TOROITCH Martin UGA	26y	7d	1983	28:53.0	27:57.11 -08
Second in 2008 World Mountain Running Trophy ... Half Mar pb: 62:19 -08. 5000 pb: 13:34.84 -02. 2 African junior 10,000 2001; 13 World Half Mar 2004 (2002 -87, 2003-43); 11 Cologne 2005; 13 World 20K 2006; 2 World Mountain Running Trophy 2008. At WXC: 98-41J, 2000/2002-11J, 2005-107 long, 2007-10, 2008 -29 In 2009: 4 San Blas Half Mar; 13 Bangalore 10K; 1 Ugandan 10,000						

1211 **NELSON Tim** USA **25y** 171d 1984 **27:36.99** **27:36.99 -09**
 5000 pb: 13:24.87 -09. 3 US 10,000 2009. Was at the University of Wisconsin, now based in Portland, Oregon where his training group includes Matt Tegenkamp (4 WCH 5000 2007) ... their coach-Jerry Schumacher
 In 2009: 2 US Champs XC; 2 US Champs 15K; 1 Stanford 10,000; 3 US Champs 10,000

1221 **RITZENHEIN Dathan** USA **26y** 230d 1982 **27:58.59** **27:35.65 -06**
 2001 World junior XC bronze ... ninth in 2007 World 10,000m after eight men of African origin, ninth again in Beijing marathon
 Mar pb: 2:10:00 -09. Half Mar pb: 61:25 -06. 5000 pb: 13:16.06 -07. 3000 pb: 7:39.03 -07. dnf OLY 10,000 2004; 3 Great North Run 2006. At WXC: 2005-62 long. 1 US long course XC & road 10K 2005. 1 NCAA XC 2003 (representing University of Michigan). At WXC: 2001-3J, 2002-24 long. Wife-Kalin Toedebusch ran 16:19.19i for 5000m in 2004, their daughter Addison born September 2007 ... born-Grand Rapids, Michigan ... studied History at the University of Colorado ... self-coached
 Marathons (4): 11 New York 2006, 2 US Olympic Trials 2007, 9 OLY 2008 (beat Ryan Hall); 11 London 2009
 In 2009: 2 US Champs Half Mar; 11 London Marathon; 2 Toronto 5000; 2 US Champs 10,000

1227 **RUPP Galen** USA **23y** 101d 1986 **27:52.53** **27:33.48 -07**
 Four US Collegiate titles in 2009: indoor 3000m & 5000m and outdoor 5000m & 10,000m, he is also the reigning NCAA Cross Country Champion
 5000 pb: 13:18.12i -09, 13:30.49 -07 (13:46.41 -09). 7 World Youth 3000 2003; 1 Pan-Am junior 5000 2003; 9 WJC 5000 2004; 11 WCH 10,000 2007; 13 OLY 10,000 2009. At WXC: 2005-20J. 1 US 10,000 2009. 1 NCAA XC 2008, indoor 3000/5000 2009 & 5000/10,000 2009. In 2004 broke the US junior record for 5000m which had stood for 40 years to Jerry Lindgren ... student of Business at the University of Oregon ... born-Portland, Oregon ... coach-Alberto Salazar, he trains with the Gouchers
 In 2009: 1 NCAA indoor 3000/5000; 1 Oregon Relays 10,000; 5 Stanford; 1 Eugene 10,000 (May 16); 2 Eugene 1500 (May 17); 1 Eugene 5000 (May 29); 2 Eugene 1500; 1 NCAA 5000/10,000; 1 US Champs 10,000

WORLD ALL-TIME LIST	2009 WORLD LIST
1..... 26:17.53..Kenenisa Bekele ETH..... 2005	1..... 26:57.36..Josphat Muchiri KEN
2..... 26:22.75..Haile Gebrselassie ETH..... 1998	2..... 26:59.88..Martin Mathathi KEN
3..... 26:27.85..Paul Tergat KEN..... 1997	3..... 27:01.83..Gideon Ngatuny KEN
4..... 26:30.03..Nicolas Kemboi KEN..... 2003	4..... 27:09.40..Ali Abdosh ETH
5..... 26:30.74..Abebe Dinkesa ETH..... 2005	5..... 27:15.44..Mathew Kisorio KEN
6..... 26:35.63..Micah Kogo KEN..... 2006	6..... 27:17.49..Abebe Dinkesa ETH
7..... 26:36.26..Paul Koech KEN..... 1997	7..... 27:22.19..Ibrahim Jeylan ETH
8..... 26:37.25..Zersenay Tadesse ERI..... 2006	8..... 27:26.56..Mekubo Mogusu KEN
9..... 26:38.08..Salah Hissou MAR..... 1996	9..... 27:28.48..Samuel Chelanga KEN
10... 26:38.76..Abdullah Ahmad Hassan..... 2003	10... 27:29.73..Collis Birmingham AUS